

### **President's Message**

The Brooke's Independence Day event epitomizes the spirit of Park City Mountain Sports Club. It's an incredible feat of organization, logistics, and volunteering and that really is at the heart of our Club. Thank you so much to Jeri and Rob for opening their home each year for this event, with around 120 attendees this year.



There were four different level hikes and two mountain bike and road bike rides, all starting at different times based on the length of the ride or hike so that they were coordinated to end at the same time for a potluck lunch at their house. There were volunteers leading each of the event's activities, but there was also an army of volunteers at their home organizing the food, setting it up, grilling the sausages, serving the food and clearing up and washing up afterwards. There were way too many people to name everyone, but you know who you are and we so appreciate what you do for us. It was also a lovely day in that there was some light cloud cover so it wasn't too hot and we were able to do the events and sit in the yard without too much sunshine! Who thought we'd ever complain about sunshine!

We've been joining a few Club hikes this month and I've heard several people asking about the four hiking essentials. No, it's NOT beer, boom boxes, selfie sticks or flip flops ...... it is:

**Fluids:** Water, sports drink – take more than the minimum

**Food:** Take more than the minimum

**Clothes:** Rain gear, layers, hat, hiking shoes (not soft sneakers)

Personal:

• Essential: First aid kit, sunscreen, insect repellant

Optional: Headlamp (new batteries), whistle, hiking poles, cell phone (fully charged)

You can find this useful information (and more) under Summer Sports, Hiking. Or by clicking <u>here</u>.

This month's volunteer spotlights focus on Lisa Powers and Mike Benson, who regularly open their home for TGIFs and Après Ski; Lisa led Dogs and Suds this year

and Mike has been on the new platform committee. Our second spotlight is Paddy Mollard, who was social director on the board, hosts TGIFs and provides the venue for the Halloween Party.

Blast from the Past is also included. Several of you recognized Marianne Birch-Jensen in her brightly colored homemade swimsuit. Marianne said the picture was taken at a PCMSC event at Tony Lazzara's home by the lake in Park City. Nora brought her canoe. It was around 15 years ago.

Duane Karren recognized three people in the second photo: wearing glasses - Eileen Stewart, to her left Chris Beers and directly behind Chris is Charlie Hawker multiple times Club President and the originator of Dog and Suds.

Take a look at this month's selection and emailstephensonkate38@gmail.com with names or stories.

#### **Events**

In July, the Club sponsored 70 events, comprising 16 road bike rides, 5 MTB, 21 hikes, 5 golf, 3 water sports, 5 tennis, 4 pickleball, one motorcycle ride, 3 ten pin bowling, 1 Knit & Stitch activity, 3 TGIFs, 2 painting events, one special event – Independence Day hike/bike/picnic.

#### **Sports Events**

#### Road Bike:

There were 16 road bike rides in July. One A- led by Keith English (1); two B+/A led by Caprice Benz (4) and Lauren Nadler (1); three B+ rides led by David Geffen (1), Keith English (1) and Lauren Nadler (1); three B- rides led by Geri Manning (3); and four easy rides led by Tony Edwards (4).

#### Mountain Biking:

Overall, there were 5 MTB events in July. Three moderate plus led by Don Winsor (2) and Lauren Nadler (1); one moderate plus eMTB led by Don Winsor (1) and one eMTB led by Rich Laudon (1).

#### Hiking:

In July we had the opportunity to join 21 hikes. One semi-strenuous led by Ellen Sherk (1); four moderate plus led by Mary Laudon (1), Ellen Sherk (1), Lori Tarmey (1) and Pam Miles (1); ten moderate led by Lisa Hunter & Steve Holmes (1), Chuck Mollard (1), Bub Carlson (1), Kate Stephenson and Jim McClave (1), and Steve Holmes (and Michael O'Malley) (2), Mary Laudon (1), Susan Odell and Michael Bergeson (1), Jon Scarlet (1) and Lynn David (1); and six easy led by Tony Edwards (5) and Chuck Mollard and Steve Holmes (1).

#### Golf:

There were five golf events in July at Park City Municipal golf course, led by Mike Garcia, John Logan, Ann Deutschlander and Jeri Brooke.

#### Water Sports:

Three paddling events were held. Two at the Jordanelle and one at Lost Creek Reservoir, led by David Geffen and Becky Solomon.

#### Tennis

Five weekly tennis sessions in July at the MARC led by MJ Chapman.

#### Pickleball:

There were four pickleball events led by Maureen Bickner.

#### Motorcycle ride:

There was one motorcycle ride led by Scott Lowell.

#### **Social Events**

Knit & Stitch:

One Knit & Stitch event at Lucky Ones Coffee organized by Caryn Harkins and Jennifer Gurss.

Painting:

Lauren Nadler led two "plein air" painting groups for the Club.

TGIF:

There were three TGIFs in July at the homes of Frank Traczyk and Marianne Birch Jensen; John and Kathy Ritter and Cynthia Caringi.

Ten Pin Bowling

There were 3 ten pin bowling sessions led by Tony Edwards

#### **Special events**

Independence Day hike/bike/picnic including four hikes and two bike rides took place at the home of Jeri and Rob Brooke (thank you again).

Thanks to all the summer sports coordinators: Steve Holmes (July hiking), Bill Bentz (road biking), Don Winsor (MTB); Michael Garcia, John Logan, Jeri Brooke and Ann Deutschlander (golf); David Geffen and Becky Solomon (water sports), Scott Lowell (motorcycle) and Tony Edwards (bowling). Thanks also to Jackie Oken (Summer Sports Director) and all the leaders and hosts who help us make the Club what it is.

Until next time!

Kate Stephenson

President

### **Volunteer Spotlights**

#### **Lisa Powers and Mike Benson**

When we moved to Manhattan Beach, CA from the Seattle area in 2005, Mike asked his boss where to go skiing. We could drive 5+ hours to Mammoth Mountain OR drive 10 minutes to LAX, fly to SLC airport for a 2-hour flight and take a 45-minute shuttle ride to any one of the TEN ski resorts within an hour's drive from the airport. Coming to Park City was a no-brainer. We skied at Deer Valley every winter until Mike retired from his job as CIO of DirecTV. It took a few years for him to convince me to move to Park City, and in 2018 we rented a VRBO on Deer Valley Loop for a month and



stayed at our timeshare at Marriott Mountainside for another week to see how we liked skiing every day. We were hooked! We put an offer on our Solamere Drive home on Mike's birthday later that year.

We sold our Manhattan Beach home, kept our little beach house on Camano Island, WA, and moved to Lower Deer Valley full-time in February 2019. We met some neighbors that summer and more when hosting a holiday get-together in December for our HOA. We joined the Newcomers' Club, PCMSC, and the PC Wine Club on the recommendation of Phil & Nanci Palmintere. Our first TGIF that we hosted in

January 2020 was a complete bust! Maybe 10 people. It didn't help that there was a huge snowstorm that day. The Watsons encouraged us to ski with the Club on Mondays and Wednesdays at Deer Valley. Bill & Pris took us under their wing, as they do. Everyone was so warm and welcoming, and when we started hosting more TGIFs and Après Ski parties, more people started attending. I love to cook, and it's not uncommon for me to make Eggplant Parm or Beef Stroganoff besides the obligatory spiral smoked ham or turkey breast to anchor the food choices at our home.

Besides hosting social events for Club members, we've volunteered to help at the Dogs & Suds picnics. I was recruited by Irene Tendler to lead the annual picnic at City Park this past June. It's amazing that so many people participate every year to make the picnic so much fun!

Mike has been a member of the group that is looking to upgrade the Club's web site, participating in conference calls with other members who'd like to add apps and interactive functionality.

Our favorite Club activities are the social events, skiing, and hiking, where we've met long-time and new members. Mike enjoys golfing on Thursday afternoons, and I have just started taking Mahjong lessons with some friends. It's interesting to hear people's stories about where they're from and how they landed in Park City. Although we lived in Manhattan Beach for 14 years, we've never had such an active social life as we do here. It's fun to see the ebb & flow of the winter residents and summer residents. As full-timers, we hate to see our friends go at the end of each season but love to welcome them back.

If you're thinking of volunteering, we suggest attending the activity that you're interested in, and see how it's done. Talk to the leaders and hosts and get their advice on what they do and the pitfalls to avoid. Get to know long-time members. They have a treasure trove of stories, many of them hilarious.

If you'd like to host a TGIF or Après Ski party, talk to Sophia Lucey (TGIF) or Kathy Kelleher (Après Ski) to decide which dates would be well-attended and which dates to avoid like Sundance weekend or Good Friday. And if Pris & Bill Watson know about your event, they'll talk it up to ensure attendance! If you have a home that won't accommodate 40-50 people, maybe partner with someone whose home is larger, and split the hosting responsibilities.

#### **Paddy Mollard**

We lived in New Jersey from 1980 to 2011, and my husband, Chuck, worked in Manhattan. From the time we met until the late 1990's we skied in Vermont.

One year, we decided we should ski out West. We tried out many ski areas in Colorado, Wyoming, California and Utah. After several trips to Utah, we decided that the skiing in Park City area was the best and the rest is history. We then tested the summers here and decided Park City area would be ideal for our retirement years. We have been living in this beautiful area for fourteen years and never looked back. We enjoy the summer and winter equally and find we made the perfect choice – great scenes and wonderful people.

I have been a member of the Park City Mountain Sports Club since we moved here in 2011. The Club members were so active and welcoming, we developed a group of friends very quickly. We have enjoyed recreating with these friends for the past fourteen years.

While living in New Jersey, I started volunteering at the local Red Cross Chapter for a day each week. Twelve years later I still enjoyed the worthwhile work they were

doing and suddenly found I was volunteering four days a week. The "volunteer bug" had certainly bit me.

As a result, when there was an opening on the PCMSC Board, I volunteered to be the Social Director and served in that position for several years. In addition, over the years I have assisted in preparations for the many events sponsored by the Club.

I have found the best part of volunteering – if you are fortunate enough to be directly involved, is the joy and happiness of all the participants.

My advice to prospective volunteers is: "Just do it"! The rewards are never ending.

### **Blast from the Past**

Below are three photos from the 1990s and 2000s. For each photo, do you know:

- Who is in the photo?
- Where was it taken
- What was the event?
- Do you remember something funny or notable about the event?

Let us know via <a href="mailto:stephensonkate38@gmail.com">stephensonkate38@gmail.com</a>







## **Photos**

Have you taken any pictures on club outings that you'd like to share? Please send them to <a href="mailto:photos@pcmsc.org">photos@pcmsc.org</a>.

























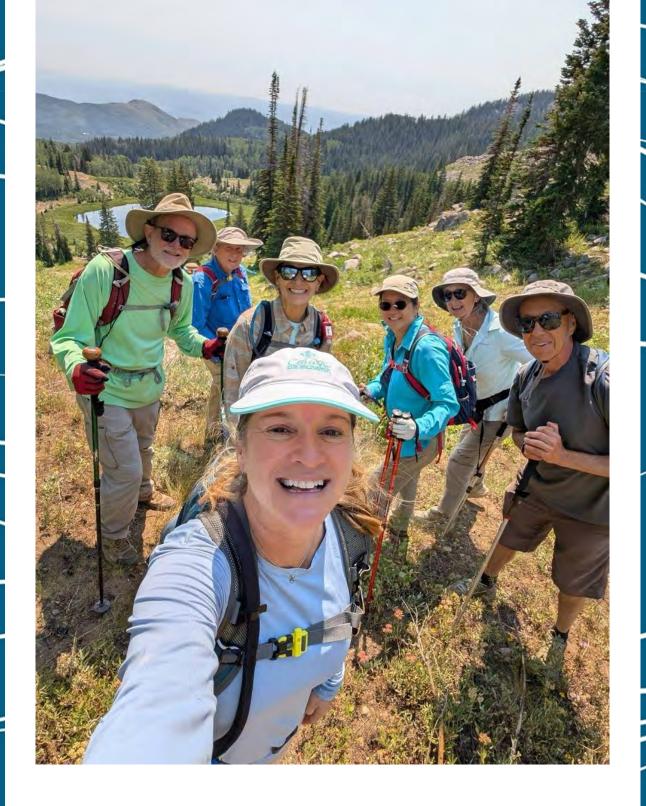














Weather can
cancel an event,
please check the
calendar and/or
contact the leader if
there might be a
chance that the
activity will be cancelled.



## **Birthdays!**

See who's got a birthday this month



Check the <u>calendar</u> frequently, as activities

# get added regularly



Visit our website

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